

YOUR PERSONALIZED DOCTOR DISCUSSION GUIDE

TRELEGY^{ELLIPTA}
(fluticasone furoate 100 mcg, umeclidinium 62.5 mcg,
and vilanterol 25 mcg inhalation powder)



We want to make your next COPD conversation with your doctor easier and more productive! Simply print out this form, fill it out as best you can, and bring it with you to your next appointment. If you're a caregiver for someone with COPD, fill out this guide for them so you can help share their treatment needs and concerns better with their doctor.

1. How would you describe your breathing? (Select all that apply.)

- | | | |
|---|--|--|
| <input type="checkbox"/> I get short of breath when rushing or walking up a slight hill | <input type="checkbox"/> I walk more slowly than most people my age due to breathlessness | <input type="checkbox"/> I get breathless when getting dressed for the day |
| <input type="checkbox"/> I only get breathless with heavy exercise | <input type="checkbox"/> I stop for breath every few minutes while walking, even on level ground | <input type="checkbox"/> Other _____ |

2. Which of these symptoms do you experience regularly? (Select all that apply.)

- | | | |
|--|-----------------------------------|--|
| <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Coughing | <input type="checkbox"/> Excess mucus/phlegm |
| <input type="checkbox"/> Chest tightness | <input type="checkbox"/> Wheezing | <input type="checkbox"/> Other _____ |

3. How often in the past year have you experienced a flare-up—when your normal COPD symptoms suddenly got worse and required steroids/antibiotics, hospitalization, or an ER visit? (Select one.)

- | | |
|--------------------------------|--|
| <input type="checkbox"/> Never | <input type="checkbox"/> Twice |
| <input type="checkbox"/> Once | <input type="checkbox"/> Three or more times |

4. Since your last doctor visit, has there been any change in how often you use your rescue inhaler? (Select one.)

- | | |
|---|--|
| <input type="checkbox"/> I never use a rescue inhaler | <input type="checkbox"/> I use it about the same |
| <input type="checkbox"/> I use it less often | <input type="checkbox"/> I use it more often |

Once-daily TRELEGY 100/62.5/25 mcg is a prescription medicine used long term to treat chronic obstructive pulmonary disease (COPD), including chronic bronchitis, emphysema, or both, for better breathing and fewer flare-ups. TRELEGY is not used to relieve sudden breathing problems and won't replace a rescue inhaler.

Important Safety Information

- **Do not use TRELEGY to relieve sudden breathing problems.** Always have a rescue inhaler with you to treat sudden symptoms.
- **Do not use TRELEGY** if you have a severe allergy to milk proteins or are allergic to any of the ingredients in TRELEGY. Ask your healthcare provider if you are not sure.
- **Do not use TRELEGY** more often than prescribed.

Please see additional Important Safety Information on next page.

Please see full [Prescribing Information](#), including [Patient Information](#), for TRELEGY available at [TRELEGY.com](#).

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5. What kinds of medications or supplements do you take? (Select all that apply. When you review this form with your doctor, have a list of your medications.)

- | | | |
|---|---|--------------------------------------|
| <input type="checkbox"/> Prescription | <input type="checkbox"/> Vitamins | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Non-prescription | <input type="checkbox"/> Herbal supplements | _____ |

6. Since your last doctor visit, have any of the following become more difficult for you? (Select all that apply.)

- | | | |
|---|--|---|
| <input type="checkbox"/> Sleeping through the night | <input type="checkbox"/> Routine or at-home activities | <input type="checkbox"/> Making plans with others |
| <input type="checkbox"/> Travel | <input type="checkbox"/> Work | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Exercise | | _____ |

7. Do you smoke? If so, how often? (Select one.)

- | | |
|--|--|
| <input type="checkbox"/> Yes, less than 1 pack a day | <input type="checkbox"/> I used to smoke but I don't anymore |
| <input type="checkbox"/> Yes, more than 1 pack a day | <input type="checkbox"/> No, I have never smoked |

8. What are your goals for treatment? (Select all that apply.)

- | | | |
|--|--|--|
| <input type="checkbox"/> Breathe easier throughout the day | <input type="checkbox"/> Improve my symptoms | <input type="checkbox"/> Follow a simpler treatment routine |
| <input type="checkbox"/> Prevent future flare-ups | <input type="checkbox"/> Have my lungs keep up with me | <input type="checkbox"/> Improve my health-related quality of life |

Important Safety Information (cont'd)

- Do not take TRELEGY with other medicines that contain a long-acting beta₂-adrenergic agonist (LABA) or an anticholinergic for any reason. Tell your healthcare provider about all your medical conditions and about all the medicines you take.
- Call your healthcare provider or get medical care right away if your breathing problems get worse, if you need your rescue inhaler more often than usual or it does not work as well to relieve your symptoms.
- TRELEGY can cause serious side effects, including:
 - **fungal infection in your mouth or throat (thrush).** Rinse your mouth with water without swallowing after using TRELEGY to help reduce your chance of getting thrush.
 - **pneumonia.** People with COPD have a higher chance of getting pneumonia. TRELEGY may increase the chance of getting pneumonia. Call your healthcare provider if you notice any of the following symptoms: change in amount or color of mucus; fever; chills; increased cough; increased breathing problems.
 - **weakened immune system and increased chance of getting infections.**

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Important Safety Information (cont'd)

- TRELEGY can cause serious side effects, including (cont'd):

- **reduced adrenal function.** This can happen when you stop taking oral corticosteroids and start taking inhaled corticosteroids.
 - **sudden breathing problems immediately after inhaling TRELEGY.** If this happens, stop taking TRELEGY and call your healthcare provider right away.
 - **serious allergic reactions.** Call your healthcare provider or get emergency medical care if you get any of the following symptoms: rash; hives; swelling of your face, mouth, and tongue; breathing problems.
 - **effects on heart:** increased blood pressure; a fast or irregular heartbeat, awareness of heartbeat; chest pain.
 - **effects on nervous system:** tremor; nervousness.
 - **bone thinning or weakness (osteoporosis).**
 - **eye problems** including glaucoma, increased pressure in your eye, cataracts, blurred vision, worsening of narrow-angle glaucoma, or other changes in vision. You should have regular eye exams while using TRELEGY. Acute narrow-angle glaucoma can cause permanent loss of vision if not treated. Symptoms of acute narrow-angle glaucoma may include: eye pain or discomfort; nausea or vomiting; blurred vision; seeing halos or bright colors around lights; red eyes. If you have these symptoms, call your healthcare provider right away before taking another dose.
 - **new or worse urinary retention.** Symptoms may include: difficult, painful, or frequent urination; urination in a weak stream or drips. If you have these symptoms, stop taking TRELEGY and call your healthcare provider right away.
 - **changes in laboratory blood values,** including high levels of blood sugar (hyperglycemia) and low levels of potassium (hypokalemia).
- **Common side effects of TRELEGY 100/62.5/25 mcg for COPD include:** upper respiratory tract infection; pneumonia; bronchitis; thrush in your mouth and throat (rinse your mouth with water without swallowing after use to help prevent this); headache; back pain; joint pain; flu; inflammation of the sinuses; runny nose and sore throat; taste disturbance; constipation; painful and frequent urination (signs of a urinary tract infection); nausea, vomiting, and diarrhea; mouth and throat pain; cough; and hoarseness.

Please see full [Prescribing Information](#), including [Patient Information](#), for TRELEGY available at [TRELEGY.com](#).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088. You may also report negative side effects to GSK at gsk.public.reportum.com or 1-888-825-5249.

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GSK for you

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need cost information, or need help paying
for your medicine, visit GSKforyou.com or
call 1-866-GSK-FOR-U (1-866-475-3678)

SCAN OR VISIT TRELEGY.COM/DOCTORSEARCH
to find a doctor near you who specializes in COPD

