

# YOUR PERSONALIZED DOCTOR DISCUSSION GUIDE

**TRELEGY**<sup>ELLIPTA</sup>  
(fluticasone furoate 100 mcg, umeclidinium 62.5 mcg,  
and vilanterol 25 mcg inhalation powder)



**We want to make your next asthma conversation with your doctor easier and more productive!** Simply print out this form, fill it out as best you can, and bring it with you to your next appointment.

## 1. Which of these symptoms do you experience regularly? (Select all that apply.)

- |                                   |  |                                      |
|-----------------------------------|--|--------------------------------------|
| <input type="checkbox"/> Wheezing | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Coughing | <input type="checkbox"/> Chest tightness     | _____                                |

## 2. What kinds of medications or supplements do you take? (Select all that apply. When you review this form with your doctor, have a list of your medications.)

- |   |   |                                      |
|---|---|--------------------------------------|
| <input type="checkbox"/> Prescription     | <input type="checkbox"/> Vitamins           | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Non-prescription | <input type="checkbox"/> Herbal supplements | _____                                |

## 3. How often do you have to use your rescue inhaler or nebulizer for quick relief? (Select one.)

- |                                    |                                    |
|------------------------------------|------------------------------------|
| <input type="checkbox"/> Never     | <input type="checkbox"/> Most days |
| <input type="checkbox"/> Sometimes | <input type="checkbox"/> Every day |

## 4. Since your last doctor visit, has there been any change in how often you use your rescue inhaler or nebulizer? (Select one.)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> I use it less often | <input type="checkbox"/> I use it about the same | <input type="checkbox"/> I use it more often |
|--|--|--|

Once-daily TRELEGY is a prescription medicine used long term to treat asthma in adults. TRELEGY is not used to relieve sudden breathing problems and won't replace a rescue inhaler.

### Important Safety Information

- TRELEGY contains vilanterol. Long-acting beta<sub>2</sub>-adrenergic agonist (LABA) medicines such as vilanterol, when used alone, increase the risk of hospitalizations and death from asthma problems. TRELEGY contains an inhaled corticosteroid (ICS), an anticholinergic, and a LABA. When an ICS and LABA are used together, there is **not** a significant increased risk in hospitalizations and death from asthma problems.
- **Do not use TRELEGY to relieve sudden breathing problems.** Always have a rescue inhaler with you to treat sudden symptoms.
- TRELEGY should not be used in children younger than 18 years of age. It is not known if TRELEGY is safe and effective in children.

Please see additional Important Safety Information on next page.

Please see full [Prescribing Information](#), including [Patient Information](#), for TRELEGY available at [TRELEGY.com](https://www.trelegy.com).

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## 5. Have you ever had to seek emergency medical attention due to asthma?

☐ Yes

☐ No

## 6. Since your last doctor visit, have any of the following become more difficult for you?

(Select all that apply.)

☐ Sleeping through the night

☐ Routine or at-home activities

☐ Making plans with others

☐ Travel

☐ Work

☐ Other \_\_\_\_\_

☐ Exercise

## 7. What are your goals for treatment? (Select all that apply.)

☐ Breathe easier throughout the day

☐ Keep my symptoms under control

☐ Follow a simpler treatment routine

☐ Prevent future flare-ups

☐ Have my lungs keep up with me

## Important Safety Information (cont'd)

- **Do not use TRELEGY** if you have a severe allergy to milk proteins or are allergic to any of the ingredients in TRELEGY. Ask your healthcare provider if you are not sure.
- **Do not use TRELEGY** more often than prescribed.
- **Do not take TRELEGY with other medicines that contain a LABA or an anticholinergic for any reason. Tell your healthcare provider about all your medical conditions and about all the medicines you take.**
- Call your healthcare provider or get medical care right away if your breathing problems get worse, if you need your rescue inhaler more often than usual or it does not work as well to relieve your symptoms.
- **TRELEGY can cause serious side effects, including:**
  - **fungal infection in your mouth or throat (thrush).** Rinse your mouth with water without swallowing after using TRELEGY to help reduce your chance of getting thrush.
  - **weakened immune system and increased chance of getting infections.**
  - **reduced adrenal function.** This can happen when you stop taking oral corticosteroids and start taking inhaled corticosteroids.
  - **sudden breathing problems immediately after inhaling TRELEGY.** If this happens, stop taking TRELEGY and call your healthcare provider right away.

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## Important Safety Information (cont'd)

- **TRELEGY can cause serious side effects, including (cont'd):**

- **serious allergic reactions.** Call your healthcare provider or get emergency medical care if you get any of the following symptoms: rash; hives; swelling of your face, mouth, and tongue; breathing problems.
  - **effects on heart:** increased blood pressure; a fast or irregular heartbeat, awareness of heartbeat; chest pain.
  - **effects on nervous system:** tremor; nervousness.
  - **bone thinning or weakness (osteoporosis).**
  - **eye problems** including glaucoma, increased pressure in your eye, cataracts, blurred vision, worsening of narrow-angle glaucoma, or other changes in vision. You should have regular eye exams while using TRELEGY. Acute narrow-angle glaucoma can cause permanent loss of vision if not treated. Symptoms of acute narrow-angle glaucoma may include: eye pain or discomfort; nausea or vomiting; blurred vision; seeing halos or bright colors around lights; red eyes. If you have these symptoms, call your healthcare provider right away before taking another dose.
  - **new or worse urinary retention.** Symptoms may include: difficult, painful, or frequent urination; urination in a weak stream or drips. If you have these symptoms, stop taking TRELEGY and call your healthcare provider right away.
  - **changes in laboratory blood values,** including high levels of blood sugar (hyperglycemia) and low levels of potassium (hypokalemia).
  - **slowed growth in children.**
- **Common side effects of TRELEGY include:** runny nose and sore throat; upper respiratory tract infection; bronchitis; respiratory tract infection; inflammation of the sinuses; painful and frequent urination (signs of a urinary tract infection); flu; headache; back pain.

Please see full [Prescribing Information](#), including [Patient Information](#), for TRELEGY available at [TRELEGY.com](#).

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088. You may also report negative side effects to GSK at [gsk.public.reportum.com](http://gsk.public.reportum.com) or 1-888-825-5249.

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**TRELEGY**<sub>ELLIPTA</sub> } **GSK**

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Produced in USA.

**GSK** for you

If you don't have prescription coverage, need cost information, or need help paying for your medicine, visit [GSKforyou.com](http://GSKforyou.com) or call **1-866-GSK-FOR-U** (1-866-475-3678)

**SCAN OR VISIT [TRELEGY.COM/DOCTORSEARCH](http://TRELEGY.COM/DOCTORSEARCH)**  
to find a doctor near you who specializes in asthma

